

ALLURI SITARAMA RAJU ACADEMY OF MEDICAL SCIENCES

Foundation Course								
	9.00 AM-10.00AM	10.00AM-11.00AM	11AM-12Noon	12PM -1.00PM	1.00PM-2.00PM	2.00PM-3.00PM	3.00PM-4.00PM	
1.08.2019	Welcome address by the Director /Chairman/Principal /Dean	Introduction of faculty	Interaction with parents		Lunch Break	Tour of the campus – hostels& college (observational activity)		
2.08.2019	Ice Breaking – interaction with students		MBBS Programme & how to approach it			Tour of the campus – hospital (observational activity)		
3.08.2019	History of Medicine	Orientation to first year Subject - Anatomy	Orientation to first year Subject - Physiology	Orientation to first year Subject - Biochemistry		Campus tour - sports		
5.08.2019	Study skills & time management	Communication – videos/clips	Panel Discussion – My experience as a doctor		Lunch Break	English		
6.08.2019	Team & Leadership Skills	Importance of English language in MBBS Course	Voluntary Blood and Organ Donation			Learning Computer skills		
7.08.2019	Healthy Life Style-Diet & physical exercise		Benefits of Yoga			Games /extracurricular activities		
8.08.2019	First AID					English		
9.08.2019	BLS					Learning Computer skills		

10.08.2019	Principles of primary care (general and community oriented)		Library skills & use of IT (Central Library)		Lunch Break	Games /extracurricular activities		
	9.00 AM-10.00 AM	10.00AM- 1.00AM	11.00 AM-12Noon	12.00-1.00PM	1.00-2.00 PM	2.00PM-4.00PM		
12.08.2019	Visit to casualty	Visit to emergency	Visit to wards medicine/surgery/OBG		Lunch Break	English		
13.08.2019	Road safety	Reflective writing	Discussion of experiences in the wards/ casualty/ emergency			Learning Computer skills		
14.08.2019	Interpersonal relationships	Self-directed learning	Library skills & Use of IT (E-learning Centre)			Learning Computer skills		
15.08.2019	Independence day					Games /extracurricular activities		
16.08.2019	Talent Hunt					Telugu		
17.08.2019	Introduction to the health care workers and their role					Games /extracurricular activities		
19.08.2019	Ethics in medicine		Stress management	Helpline	Lunch Break	Telugu		
21.08.2019	National health priorities and policies	Health care system and its deliveries	Universal precautions and vaccinations	Learning skills		Learning Computer skills		
21.08.2019	Debate – Professionalism & Ethics					Games /extracurricular activities		English
22.08.2019	Alternate health care systems	Panel discussion- Students expectations & their goal				English		
23.08.2019	Biohazards & Safety		Telugu			Learning Computer skills		
24.08.2019	Field visit to the primary health centre					Games /extracurricular activities		

	9.00 -10.00AM	10.00-11.00AM	11.00-12Noon	12.00-1PM	1.00-2.00PM	2.00-4.00PM
26.08.2019	Medical profession and the physicians role in society		Experiences of the students or relatives as patients/visits to the hospitals		Lunch Break	English
27.08.2019	Medical Professionalism		Telugu			Learning Computer skills
28.08.2019	Interaction with the patients		Reflective writing			Games /extracurricular activities
29.08.2019	First Aid		BLS			English
30.08.2019	Importance of communication skills		Telugu			Learning Computer skills
31.08.2019	Field visit to the urban health centre					Games /extracurricular activities